

# Disparities in Health Care

PubHlth-91

Syllabus for Winter 2022

Instructor: Dele Ogunseitan Professor, Department of Population Health & Disease Prevention

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Office Hours: By appointment only



### Introduction

This course is offered as part of the long-term initiative entitled Diversity in Medicine that has been sponsored since 1999 by the UC Irvine School of Medicine, School of Biological Sciences, and the Office of Equal Opportunity and Diversity (OEOD). In 2011, the Program in Public Health joined the initiative, and this formal course is designed to expand the scope of experiences covered in the course and of students eligible to enroll.

## Directors for 2021-2022:

Oladele Ogunseitan, Ph.D., M.P.H., BCES, CPH University of California Presidential Chair & Professor Department of Population Health & Disease Prevention

Charles Vega, MD Director, PRIME-LC Program, School of Medicine

Candace Burton, Ph.D. Associate Professor, Susan and Bill Gross School of Nursing

### **Class Structure**

This course consists of a series of ten lectures, one each week, conducted by health care professionals from UCI and outside institutions. Each class meeting is comprised of a formal lecture-style presentation with a discussion, case study, and /or question/answer session at the end. Students are encouraged to participate and interact with the speakers. A team of student coordinators will assist with the facilitation of each of the course.

## Course Goals

The primary goal of this course is to empower students to evolve into agents of social change for quality and equity for health care delivery in a diverse society. The course provides information that will assist future health care professionals to maximize the quality of patient care in a diverse society. Health care professionals provide culturally competent patient care by focusing on the major concepts of awareness, clinical and communication skills, attitudes, socio/economic factors, health beliefs and practices among different patient populations. By first understanding the impact of culture on patient care, one will begin to make the connection between cultural competency at the individual practitioner level and how that can be integrated into the health care system.

A second goal is to stimulate and promote interest in cross-cultural health care among students. Addressing disparities in health care will familiarize students to new ideas emerging in the medical field, as well as expose students to the health needs of underserved communities. This course will allow students to explore clinical, public service, and research opportunities available in related fields. Guest lecturers will present strategies to empower communities to take an active role in building a healthy community. Enrolled students and guests have the unique opportunity to engage in the



discussion and add to the strategies. Lastly, with the information and materials presented in Addressing Disparities in Health Care, a goal is to create a culturally diverse and supportive environment at UC Irvine campus for students, professional visitors, and the community.

# Course objectives

This course focuses on the understanding of concepts of awareness, attitudes, behaviors, as well as clinical and communication skills associated with the status and consequences of diversity in health care. Students should keep these concepts in mind as they evaluate information presented in the course.

Awareness: The materials presented should make one more cognizant of the impact of culture on patients' health and illness status as well as the delivery of medical treatment by health care providers. The course will examine different values, customs, thought and behavior patterns, as well as other factors, which distinguish one culture from another. The goal is to understand how these cultural factors affect health, illness, and the giving and receiving of health care. In developing a knowledge base regarding different ethnic groups, it is important not to stereotype, since the information presented may not necessarily pertain to all members of that particular group.

Attitudes: The influence of attitudes, biases, and preconceptions regarding different ethnic groups impacts health care effectiveness; the development of awareness and understanding of the role that culture plays in medicine is integral to effective health care management.

**Behavior**: Students in this course are encouraged to make the cognitive connections between their behavior and their awareness, knowledge, and attitudes.

**Public Health Practice, Clinical Practice, and Communication Skills:** The awareness, knowledge, attitudes, and behaviors that one develops will have little practical value unless one integrates and applies them into his/her practice. An integral part of providing culturally competent health care is the ability to communicate effectively with patients. Effective communication includes the ability to listen, understand, explain, and discuss treatment options with sensitivity and competence.



# Topics

Week Number	Calendar Date	Topic	Guest Speaker
Week 1	January 5th	Orientation and Introduction	No Guest Speaker
Week 2	January 12th	LGBTQ+ Health	Britt Cervantes and Panel
Week 3	January 19 <sub>th</sub>	Immigrant Healthcare	Dr. Gloria Iztel Montiel
Week 4	January 26th	Disparities in Developmental Disabilities	Dr. Peter Chung
Week 5	February 2nd	Healthcare Among Minorities in OC	Dr. Sami
Week 6	February 9th	Domestic Violence Among Young Adults	Dr. Burton
Week 7	February 16th	Fatphobia in Healthcare	Ragen Chastain
Week 8	February 23rd	Indigenous Healthcare	Joseph Quintana from UAII
Week 9	March 2nd	Maternal Healthcare	Dr. Tamera Hatfield
Week 10	March 9 <sub>th</sub>	Homeless Healthcare	Dr. Snow and Dr. Goldberg



# Assignments and Grading

After completing this course, medical students will receive credit for this course in the form of Transcript Notation. Undergraduate students will receive credit of 2-unit Pass/No pass.

All community members are welcome to attend the lectures (although non-students will not receive credit).

There will be no examinations for the class, but all enrolled students are required to submit 8 (of 10) weekly quizzes to pass the course:

Students are expected to attend each lecture and listen to the presentations respectfully. Each week, students will submit a quiz to check for attentiveness during lecture. The quiz will open up on Wednesday at 8:00 p.m., following the speaker's presentation. To receive full credit, students must submit the quiz into Canvas no later than 11:59 pm on the Thursday after the speaker's presentation. The quizzes will be based on the speakers lectures and will consist of both multiple choice and short answer questions. In addition to the weekly quizzes, students are required to submit a final summary paper. The final summary paper will include a synthesis of a chosen speaker's presentation topic and an analysis/summary of the peer-reviewed article in a single document to be uploaded to the Canvas class website. Instructions for the final summary paper can be found below. The formatting (e.g., single or double-spaced etc.) of the papers is left to students' judgment. All papers need to cite the peer-reviewed article in APA format (see

<u>https://owl.english.purdue.edu/owl/resource/560/01/</u> for more information). To receive full credit, students must submit the papers into Canvas no later than 11:59 p.m. on Friday, March 11, 2021. Late or incorrect submissions will result in a zero grade. No exceptions or "make- up" submissions will be accepted. In addition, you must be present during lecture in order to receive credit for taking the quiz.

#### Evaluation for this course will be based on 4 factors:

(I) Attendance to 8 of the 10 lectures: Medical, graduate and undergraduate students are required to sign up on attendance sheets at the beginning of class. Two incidences of lateness are equivalent to one absence. Lateness is considered coming to class 15 minutes after lecture starts or leaving 15 minutes before it leaves.

(II) Completion of 8 Canvas Quizzes for lectures attended: Undergraduates must complete a Canvas Quiz within 24 hours of attending the lecture to receive full credit for attendance. Failure to submit a quiz is equivalent to a class absence.

(III) Submission of a course summary paper into Canvas Course Website by 11:59 p.m. on Friday, March 11, 2022. See instructions, below.



### PH-91, 2022, Instructions for Final Paper

As part of the requirements for earning a "Satisfactory" grade for the course, all students are expected to submit a manuscript in which they demonstrate that they have reflected on at least one of the presentation topics. The guidelines for preparing the manuscript are as follows:

- 1. Select any of the topics covered by guest speakers during the quarter.
- 2. Using appropriate keywords or phrases based on the topic, search "Google News" and select one related publication. This could be a newspaper, magazine, television or radio coverage of the topic. This is a "non-academic" resource. Choose recent examples, if you find multiple sources.
- 3. Using the same keywords or phrases based on the topic, search "Google Scholar" and select a peer-reviewed, academic/research publication. Select an article that was published within the past three to five years.
- 4. On the cover page, write your name, your student identification number, the title of the topic that you have selected, and the name(s) of the guest speaker(s). Also write the reference or citation to the "Google News" article that you found and a reference or citation to the "Google Scholar" article that you found (use APA format when possible. You may Google "APA format" if you are unfamiliar with this standard).
- 5. There will be three parts to your narrative:
  - A 200-word summary of the main points that the speaker(s) made through the presentation.
  - A 400-word summary of the "Google News" article that you selected.
  - A 400-word summary of the "Google Scholar" article that you selected.
- 6. Total writing should not exceed 1,000 words. Aim for a minimum of 800 words and a maximum of 1,000 words.
- 7. Please do spell-check and make sure that your presentation is neat. If there are multiple pages, insert page numbers.
- 8. Submit to the Canvas Course Website in only doc, docx or pdf formats. Other formats will not be graded and will receive an automatic zero.

If you have any questions about these guidelines, please address them to:

Dr. Dele Ogunseitan (<u>Oladele.Ogunseitan@uci.edu</u>) or Nik Warren (<u>nrwarren@uci.edu</u>)



# Class Policies

Attendance is mandatory. Students must attend 8/10 lectures to pass the course. If special accommodations are needed, please register with DSC (https://www.dsc.uci.edu/) and the instructor will be provided with accommodation notice.

#### Resources

There are no required books for this course, although students are expected to consult peer reviewed publications on the topic presented by speakers. In particular, the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality publishes updates and factsheets on disparities in health care that should be consulted by all enrolled students: http://www.ahrq.gov/research/disparit.htm. The National Conference of State

Legislatures also publishes current information on disparities in health available at http://www.ncsl.org/default.aspx?tabid=14494. The Institute of Medicine (IOM) also commissioned a report that should be useful for students to consult to provide context for the presentations:

Institute of Medicine, Board on Health Sciences Policy (2003). Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care (Editors: Brian D. Smedley, Adrienne Y. Stith, and Alan R. Nelson). The National Academies Press, Washington, DC. http://www.nap.edu/openbook.php?isbn=030908265X.

Richard Allen Williams (Editor) (2007). Eliminating Healthcare Disparities in America: Beyond the IOM Report. Humana Press, Inc., New Jersey.

#### Academic Misconduct

We have a zero-tolerance policy on plagiarism or failure to properly cite sources, whether intentional or not. Plagiarism is (1) Using other people's work/ideas without citing sources (2) Making up citations/sources, or (3) Passing off another's work as your own. Please be familiar with the university guidelines: <a href="https://guides.lib.uci.edu/c.php?g=334301&rp=2249866">https://guides.lib.uci.edu/c.php?g=334301&rp=2249866</a>.